



SONOMA COUNTY AGING & DISABILITY COMMISSION Commission Meeting



Location: Carnelian Conference Room,
3725 Westwind Blvd. Santa Rosa 95403

Date: Wednesday, May 20, 2026

Time: 1:00 PM – 3:00 PM

Public Zoom Link: <https://zoom.us/j/97845062226?pwd=2LdD46H2bzPmbir6F7FFerP9E563Aj.1>

Meeting Details: Phone Number: 1 (669) – 444 – 9171
Meeting ID: 943 1192 7709 Passcode: 768493

Mission: The Aging & Disability Commission gives voice to the diverse needs of Sonoma County's older adults, people with disabilities, and their caregivers.

Agenda

- 1:00 **1. Welcome and Commission Member Introductions** Helman
Commission Members, whether in person or virtually, will introduce themselves. Member introductions will include their Name, City of Residence, District (1-5), and Supervisor's Name.
- Members participating virtually will need to disclose if there is anyone over the age of 18 in the room with them.*
- Members of the public will have the opportunity to introduce themselves during Public Comment.*
- 1:01 **2. Approval of the 04.15.2026 Commission Meeting Minutes** Helman
The Commission will review the meeting minutes and may approve them as presented or with modifications.
- 1:02 **3. Public Comment and Commission Member Open Forum**
The public may address the Commission on any items on the agenda and on matters within the Commission's jurisdiction. The Committee cannot take action on non-agenda items. Public comments will be limited to three (3) minutes per speaker.
- In-person attendees who wish to speak may indicate their request to speak during this time. When recognized by the Chair, please state your name and begin your comments.

- Virtual participants who wish to speak must use the “Raise Hand” feature located within Zoom. When it is your turn to speak, the host will unmute your microphone and prompt you to speak. Please state your name and begin your comments

1:05	4. Marge Ling Award <i>Commission will present the Marge Ling Award. Fall Prevention Grant Video</i>	Helman
1:15	5. Chair Updates <i>The Chair will provide updates for the Commission to review and discuss.</i> <ul style="list-style-type: none"> • June 17th Planning Day from 9AM – 3PM • North County Resource Fair 	Helman
1:17	6. Director and Staff Updates: Director Update(s): <i>The AAA Director will provide updates on relevant matters for the Commission, including recent developments or upcoming events.</i> <ul style="list-style-type: none"> • Governor’s May Budget Revise • Public Hearings and Regulation Changes • Changes to Interstate Funding Formula (IFF) Staff Update(s): <i>The AAA Program Manager will provide updates on relevant matters for the Commission, including recent developments or upcoming events.</i> <ul style="list-style-type: none"> • Needs Assessment – Equity MPA Team • California Senior Legislation (CSL) Candidacy 	Dunaway & Souza-Milner
1:25	7. Legislative Representative Follow-Up <i>Discussion on the follow-up from the Legislative Representative conversation at the April Commission Meeting.</i>	Helman
1:30	8. Economic Security Task Force <i>Presentation on the recommendations from the Economic Security Task Force.</i>	Baum
1:40	9. Aging & Disability Resource Hub Commission Liaison Document <i>Chair of No Wrong Door Standing Committee will discuss with the Executive Committee the need for an ADRH Commission Liaison.</i>	Edwards
1:45	10. Commission Resource Guide Document <i>Discussion on the use of the Commission Resource Guide.</i>	Thompson
1:50	11. Board of Supervisors Meeting – Spring 2026 <i><u>Spring 2026</u>: Meetings with the Supervisors should be completed by May 2026</i>	Helman
1:55	**BREAK**	
2:00	12. Becoming Independent Presentation	Helman

Presentation from Becoming Independent and highlights of the services they provide to the community.

2:30 **13. Ad Hoc Committee Report**

Helman

Ad Hoc Committee Members will provide updates on their activities, progress on assigned tasks, and recommendations or actions for the Commission.

- Ad Hoc Committee:
 - No Wrong Door Ad Hoc - **Action**
Prioritize work plan activities so the plan can be discussed and approved by the Commission.
Lead: Suzanne Edwards
Due: April 9, 2026
 - Research Report Topic #2
Potentially research and summarize issues related to nutrition programs for older adults and adults with disabilities.
Lead: Diane Spain
Due: June 4, 2026
 - Executive Committee Nomination Ad Hoc (New) - **Action**
Lead: TBD
Due: TBD

3:00 **14. Adjourn**

Helman

Attachments:

Minutes (04.15.2026), ADRH Commission Liaison Document, Commission Resource Guide Document, Economic Security Presentation and Report, and Ad Hoc for Executive Committee Nominations - New

Written Reports:

TACC Report Update

Supplemental materials related to an agenda item are available for public inspection during normal business hours at the Adult & Aging Office, 3725 Westwind Blvd., Suite 101, Santa Rosa. All listed times are approximate and subject to change. Agenda items are scheduled for consideration by the Commission, which may or may not choose to act. Breaks may be called at the discretion of the Chair. If you need any accommodation to effectively participate, please contact aaa@schsd.org or (707) 565-5238 at least 48 hours prior to the meeting. To receive the AAA Newsletter: AAA@SonomaCounty-HSD.gov.

Aging & Disability Commission Members:

Chair: Jenny Helman

Vice Chair: Robin Thompson

Secretary: Deanna Shaat

Former Chair: Diane Spain

Parliamentarian: Trayce Beards

Commission: Rick Baum, Suzanne Edwards, Terry Kelley, Jaime Peñaherrera, Alain Serkissian, Priyanka Varma, Heather Hannan-Kramer, Pam Law, Michael Margetts

AAA Director: Paul Dunaway

AAA Program Manager: Cody Souza-Milner

Upcoming Events:

- Executive Meeting: Tuesday, June 9, 2026, from 11:00 AM – 12:30 PM
- Commission Planning Day: Wednesday, June 17, 2026, from 9:00 AM – 3:00 PM
- No Meeting in July 2026
- North County Senior Resource Fair: June 7, 2026, from 10:00 AM – 2:00 PM
 - At Huerta Gym, Windsor
- African Soul Festival: August 29, 2026, from 11:00 to 5:00PM
 - 475 City Center Drive, Rohnert Park

Upcoming ADRU Table Events:

- None at this time



Sonoma County Aging & Disability Commission Meeting



Minutes

Wednesday, April 15th, 2026 | 1:00PM-3:00PM

Carnelian Conference Room, 3725 Westwind Blvd. Santa Rosa 95403

In-person Attendance: Deanna Shaat, Robin Thompson, Suzanne Edwards, Jenny Helman, Rick Baum, Priyanka Varma, Terry Kelley, Heather Hannan-Kramer, Priyanka Varma, Trayce Beards, Pam Law, Michael Margetts (*Voted onto the Commission during meeting*), Don Streeper (*Emeritus Member-Non-voting*)

Virtual Attendance: Diane Spain, Jaime Penaherrera (*Left meeting at 1:25*)

Absent: Alain Serkissian

Staff Attendance: Paul Dunaway, Cody Souza-Milner, Cassandra Denson (Zoom)

1. Welcome & Commission Member Introductions (Helman) (1:03PM)

2. Approval of the 3.18.2026 Commission Meeting Minutes (Helman)

- Approved as with corrections:
 - Deanna Shaat is not on the Legislative Ad Hoc Committee.
 - Update Priyanka Varma's attendance.

3. Public Comment and Commission Member Open Forum

Introductions provided to public participants who wish to be recognized:

- *In-person attendees who wish to speak may indicate their request to speak during this time. When recognized by the Chair, please state your name and begin your comments.*
- *Virtual participants who wish to speak must use the "Raise Hand" feature located within Zoom. When it is your turn to speak, the host will unmute your microphone and prompt you to speak. Please state your name and begin your comments*

Jamie Escoubas, COA: Jamie provided a Council on Aging (COA) update regarding the "Generations in Motion" Community Walk. They shared concerns about funding reductions impacting the Adult Day Program, Peer Support, and PEARLS programs, and expressed support for continued advocacy from the Commission and broader community to help sustain these critical safety net services.

4. Commission Member (Helman)

New Commission Member Application – Action

The Executive Committee has nominated Michael Margetts (District 4) for election to the Commission. Election requires a majority vote of the Commission members present and voting.

Motion: Elect Michael Margetts to the Commission.



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1st Motion: Robin Thompson | 2nd: Heather Hanna-Kramer | Vote Result: Passed

Commission-Elected Seat Renewal - **Action**

The Commission will consider and take action on the renewal of Jaime Peñaherrera.

Motion: Re-elect Jaime Peñaherrera to the Commission.

1st Motion: Rick Baum | 2nd Motion: Deanna Shaat | Vote Result: Passed

5. Peer Counselor Discussion (Beards, Edwards)

The Commission will discuss changes in Peer Counselor services in Sonoma County.

- Tuesday, May 19th – Public Comment for the Board of Supervisors regarding Behavioral Health Services funding cuts to Peer Counseling funding.
- Commission will be writing a letter of support for the Board of Supervisors.

6. Legislative Representatives

The Commission will hear from invited legislative representatives to respond to questions from the Commission.

Question 1: *What specific steps has your elected official taken to advance issues related to improving the lives of seniors, people with disabilities, and their caregivers?*

- **Thompson's Office:** Provides casework support to seniors seeking assistance with federal agencies, including the Social Security Administration, Internal Revenue Service (IRS), Department of Veterans Affairs (VA), and the Centers for Medicare & Medicaid Services (CMS).
- **Rogers' Office:** Hosts town halls at senior centers across five counties to gather direct feedback from constituents. This input has informed the development of multiple pieces of legislation.
- **Connelly's Office:** Engages with seniors through community events such as "Community Coffees" to better understand their needs, while also offering casework support. Successfully advanced AB 456 and AB 806 in 2025. Collaborates closely with local community-based organizations, supports AB 736 (Affordable Housing Bond Act), and partners with the Alzheimer's Association.
- **Aguiar-Curry's Office:** Partners with the Alzheimer's Association and the Office of Congressman Mike Thompson. Hosts Spanish-language town halls to increase accessibility and provides casework assistance to community members.



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Question 2: Please describe any legislation affecting seniors, people with disabilities, and caregivers where your elected official is an author or lead sponsor. How can the Aging & Disability Commission support these efforts?

- **Thompson's Office:**

Congressman Thompson is working to advance several pieces of federal legislation impacting older adults and caregivers. This includes the *CONNECT Act*, which expands telehealth access for Medicare beneficiaries, and the *American Affordability Act of 2025*, which addresses housing, education, and healthcare costs, and includes provisions such as a Family Caregivers Tax Credit and adjustments to capital gains taxes for home sales. Additional efforts include the *Lowering Costs for Caregivers Act*, allowing caregivers to use HSAs and FSAs for caregiving-related expenses, as well as proposed tax incentives to increase funding for brain research related to Alzheimer's disease, dementia, and mental health conditions.

Support Opportunity: The Commission can support these efforts by providing formal endorsements of relevant legislation and advocating at the federal level.

- **Rogers' Office:**

Assemblymember Rogers has authored several bills, including AB 1618, which establishes a statewide food insecurity data collection program; AB 1811, which preserves Health Professional Shortage Area designations; and AB 1601, which allows county retirees to negotiate cost-of-living adjustments. These efforts aim to improve access to essential services and financial stability for older adults.

- **Connelly's Office:**

Assemblymember Connelly is leading AB 1790, which addresses the Water's Edge tax loophole. By potentially increasing state revenue, this legislation could help address budget gaps and support funding for programs that benefit seniors and people with disabilities.

- **Aguiar-Curry's Office:**

Assemblymember Aguiar-Curry has introduced AB 1857, which aims to reduce food deserts by expanding grocery store contracting flexibility, and AB 2000, the *Reliable Medication Coverage Act*, which seeks to protect individuals from sudden changes in prescription drug formularies that could disrupt access to necessary medications.

Question 3: How do you coordinate with your colleagues in other legislative bodies on issues of aging and disability (i.e., Congress, State Legislatures, Counties, and Cities)?

- **Thompson's Office:**

Coordinates with federal, state, and local legislative offices, as well as county



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partners, community-based organizations, and service providers. Collaboration across these entities is ongoing, with healthcare identified as a primary focus in the upcoming legislative year.

- **Rogers' Office:**
Maintains open lines of communication with colleagues across jurisdictions, particularly when conducting constituent casework. The office works to better understand systemic barriers impacting older adults and individuals with disabilities, including transportation challenges, as well as limited access to the internet and gaps in technology literacy.
- **Connelly's Office:**
Engages in cross-sector collaboration with other legislative offices and participates in public forums, including panel presentations addressing issues such as the unique challenges of aging among women.
- **Aguiar-Curry's Office:**
Coordinates with other legislative offices to support constituent casework and broader issue resolution. The office also encourages proactive engagement with the Aging & Disability Commission, recommending earlier meetings in the legislative cycle to allow time for review and issuance of letters of support prior to Assembly consideration.

Question 4: What are your officials doing to help middle or lower-middle-income constituents who may not meet the eligibility requirements for various public programs (based on income, age, health status, etc.) but who nevertheless are facing severe problems in accessing needed services as they age?

- Responses can be sent to Jenny Helman by the representatives via email. Helman will forward their responses to the Commission members.

Question 5: How may we as a Commission support the work your officials do to support older adults, their caregivers, and those with disabilities?

- Thompson, Huffman, Connelly, and Aguiar-Curry Offices:
Encourage ongoing communication with the Commission and recommend sharing community needs and emerging issues, as this input helps shape legislation. Legislative offices also emphasized the importance of timely advocacy. April and May are key months for committee hearings, when letters of support are most impactful. To improve coordination, they recommend meeting with the Commission earlier in the year (e.g., February) to review bills and consider support.



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7. Chair Updates (Helman)

Commission Member Update:

- Eddie Estrada (District 3) has resigned due to work commitments. The Commission intends to offer an exit interview or questionnaire.
- Information regarding remote attendance is available in the agenda packet.

June Planning Day:

- Scheduled for June 17 from 9:00 a.m. to 3:00 p.m.

Officer Elections (June):

- Members interested in serving as Chair, Vice Chair, or Secretary are encouraged to contact the Committee.
- The Elections Committee will be established at the May Commission meeting.

8. Director Updates (Dunaway)

County Budget

- Budget workshops are scheduled for next week.

State Budget

- Assembly Member Jackson stated that proposals to offset IHSS costs to counties are “dead on arrival.” He also requested that CDA report on senior suicide rates.

SB 1249

- Revises how Area Agencies on Aging (AAAs) are regulated, allowing counties the option to operate their own AAA instead of designating a nonprofit agency.

BREAK

9. Parkinson’s Society of Sonoma County Presentation

Presentation from the Parkinson’s Society, Jennifer Perez.

- The Parkinson’s Support Group of Sonoma County serves individuals with Parkinson’s disease and their caregivers. Monthly meetings typically include 60–100 attendees. Specialized support groups are available for men, women, care partners, and individuals in the early stages of Parkinson’s.
- The Parkinson’s Vitality Institute offers private personal training designed specifically for individuals with Parkinson’s disease.

Key Needs Identified:

- Ongoing support beyond initial diagnosis
- Increased access to specialized exercise programs
- Expanded support for care partners
- Greater availability of local movement disorder specialists



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- Limited Medicare coverage, with a need for alternative funding options for patients
- Support for AB 2081 and SB 837

10. Recruitment Membership Task Update

Discussion on the progress of the Recruitment Member Task.

- Invite prospective members to upcoming Commission meetings.

11. Board of Supervisors Meeting – Spring 2026

Spring 2026: Meetings with the Supervisors should be completed by May 2026

- D1: Team is in conversation/planning phase
- D2: Meeting May 1st
- D3: Meeting May 7th
- D4: Meeting the candidates for the district on April 16th.
- D5: Completed their meeting. Next meeting scheduled for June.

12. Standing & Ad Hoc Committee Reports (Helman)

Ad Hoc Committees:

- No Wrong Door Ad Hoc - **Action**
Prioritize work plan activities so the plan can be discussed and approved by the Commission.
Lead: Suzanne Edwards
Due: April 9, 2026

Motion: Extend the Ad Hoc to May 7th.

1st Motion: Rick Baum | 2nd Motion: Deanna Shaat | Vote Result: Passed

- Research Report Topic #2 (New) - **Action**
Potentially research and summarize issues related to nutrition programs for older adults and adults with disabilities.
Lead: Diane Spain
Due: June 4, 2026

Motion: Stand up an Ad Hoc for Research Topic #2.

1st Motion: Terry Kelley | 2nd Motion: Robin Thompson | Vote Result: Passed

- Interested Members: Deanna Shaat, Terry Kelley, Robin Thompson, Michael Margetts

13. Adjourn (Helman)(**2:42PM**)



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To submit items for the AAA Newsletter, or to receive the AAA Newsletter: AAA@schsd.org

Upcoming Events:

- Executive Meeting: Tuesday, May 12, 2026, from 11:00 AM – 12:30 PM
- Commission Meeting: Wednesday, May 20, 2026, from 1:00 PM – 3:00 PM
- Commission Planning Day has moved to June 17, 2026 from 9:00 AM – 3:00 PM
- North County Senior Resource Fair: June 7, 2026, from 10:00 AM – 2:00 PM
 - At Huerta Gym, Windsor
- African Soul Festival: August 29, 2026, from 11:00 to 5:00PM
 - 475 City Center Drive, Rohnert Park

Upcoming ADRU Table Events:

- None at this time

Sonoma County Older Adult Service Navigation: Gaps and Strengths

SONOMA COUNTY MASTER PLAN FOR AGING
ECONOMIC SECURITY ACTION TEAM

BACKGROUND

In October 2024, the Sonoma County Local Master Plan for Aging (MPA) Steering Committee, working with Collaborative Consulting, completed the development of the County's local MPA. Thereafter, the County appointed an Oversight Committee comprised of 11 members, including a member of the Board of Supervisors, to ensure the Plan's effective implementation. The County also created a new position, Master Plan for Aging Implementation Coordinator, to establish and manage six action teams made up of community volunteers. The teams are charged with developing specific strategic activities to address the Plan's six focus areas: Caregiving, Healthcare, Economic Stability, Transportation, Housing, and Wellness, Equity & Inclusion.

This report is the product of the Economic Stability Action Team ("the ESA Team" or "the Team").

In the course of developing its 2025 work plan, the ESA Team examined the root causes of economic instability, concluding that food insecurity, lack of stable housing and unreliable transportation were foremost among them. Consistent with information it had received from its sister MPA teams, the ESA Team observed that while there are significant public and private resources available in Sonoma County to address these causes, too often those in need fail to access them. The Team determined that this failure was due in great part to: (1) a lack of awareness of existing programs; (2) the logistical challenges to participating in programs; and (3) a lack of consistent information and coordination between public and private service providers.

Despite the County's efforts to broadly disseminate information regarding existing safety net services, many potential recipients remain unaware of them because of their physical isolation (living alone or in rural parts of the county), their inability to use technology, their lack of language proficiency and/or their disinclination (out of fear or stigma) to seek out third party assistance. Logistical challenges such as internet-based applications, complex eligibility requirements and repetitive document requests similarly pose barriers to access. Finally, the existence of multiple (sometimes conflicting) public and private data bases along with an historical lack of coordination between County and community-based organizations further reduce opportunities of access.

Given these observations, the ESA Team determined that "community navigators", persons skilled in guiding individuals and their families through the complexity of safety net systems, could play a key role in addressing the County's issues of access and utilization. The Team developed an action plan to identify navigators currently working in the County and to determine, among other things, where they are located, the services they provide and whether they are paid or volunteers. The purpose of the plan was to better understand how people are connected to safety net services, how public and private organizations communicate with and make referrals to one another, and how many organizations assist with the completion of applications and other forms.

METHODOLOGY

The ESA Team determined that conducting telephonic and in person informational interviews with key personnel at County and community-based service organizations would provide the most efficient way to gather data. To ensure consistency of the data, the Team designed a single set of questions for each interviewer to follow during the interview.¹ The interview results were collated and subsequently reviewed and analyzed by the Team as a whole. The Team developed a set of findings and recommendations based on its analysis.

FINDINGS

The Team contacted 31 agencies, of which twenty-two participated in interviews.²

- Nine participants reported that they have one or more dedicated navigator positions filled by specialists intimately familiar with available public and private safety-net services. These dedicated navigators range from case managers to social workers to staff specialists skilled in identifying service need issues and in aligning community members with the required resources.
- Sixteen of the participants, including three with dedicated navigators, advised that they take an “all hands-on-deck” approach to community member inquiries. That is, they train most, if not all, staff to support some form of resource navigation. All of the participants, whether employing a “dedicated” or “all hands” model, ensure their practices regarding safety-net inquiries are consistent across their respective organizations.
- Thirteen of the participants help community members complete forms such as MediCal and CalFresh applications. Not every one of these agencies can assist with all forms. Of the thirteen that do provide assistance, one (Interfaith Shelter Network) limits their assistance to caseworker assigned clients and two (ADRH and the Jewish Community Free Clinic) assist through referrals to partner agencies. Eleven of the 13 also help with submission of forms depending on the mode of submission i.e. online or in person.
- Only four of the 22 participants use volunteers to assist with whatever navigation services they provide.

In addition to answering interview questions, a number of agencies offered thoughts on how to better enable CBOs and individuals to more effectively navigate the existing safety-net system. These included:

¹ See Appendix A.

² See Appendix B.

- Creating more consistency in the questions asked on forms and the methods of form submission.
- Providing greater training opportunities for staff and volunteers to learn what resources exist and how the safety-net system actually operates.
- Directing outreach efforts to affinity groups for underserved community members to increase program awareness and destigmatize the utilization of services.
- Creating and supporting a county wide information, referral and data base system that can be shared by most, if not all, service providers.
- Building an infrastructure that enables greater coordination among County service agencies, between County agencies and CBOs, and among CBOs.

RECOMMENDATIONS

The ESA Team believes that the Sonoma County Aging and Disability Resource Hub (ADRH), although still in a nascent state, offers the greatest potential for addressing the navigation needs of older adults and the disabled in Sonoma County. The ADRH is a network of local service providers that works collaboratively to provide comprehensive and coordinated support to older adults and people with disabilities. The network’s goal is to align resources and expertise within the County to ensure seamless access to services for individuals and families. It is premised on the concept of “No Wrong Door”, that is, regardless of what partner agency a person contacts, the person will either receive services from that agency or a referral and follow up to another agency who can directly address the person’s issue.

With its Information and Assistance Unit of trained social workers and current network of 20 CBOs and County agencies, the ADRH not only can serve as a “one stop shop” for accessing safety-net services, but offers a substantial platform for directly addressing the navigation issues raised by interview participants and others in the County.³ Specifically:

ADRH Can Provide Infrastructure That Enables Coordination and Information Sharing: The ADRH currently has 20 County office and CBO partners. By agreement with the ADRH, the partners collaborate in four primary ways: (1) partner Project Coordinators and executive leadership meet with ADRH staff every two months to discuss the status of their services and any network wide issues that may have arisen; (2) partner and ADRH executive leadership meet quarterly to share current developments, improve “No Wrong Door” processes and to assess the effectiveness of the network; (3) ADRH staff check in with Project Coordinators twice monthly to discuss current developments and progress on specific issues; and (4) the ADRH Information and Assistance Unit supervisor meets bi-monthly with all partners and partner core

³ Sonoma Valley Food Security Assessment, January 2023; Sonoma County Food Distribution Assessment, 2024.

staff to conduct case conferences, follow up on referrals and solicit feedback. Additionally, the ADRH has implemented an *electronic referral tracking system* which links the ADRH Information and Assistance Unit to all partner agencies and all partner agencies to one another. Once a referral is entered, the system alerts the relevant service provider to an incoming request, allowing the ADRH staff member and the partner agency to follow up with one another. If expanded, the system could directly address the calls for greater coordination among public and private safety-net service agencies.

Although still in its early stages, the current ADRH infrastructure can, with appropriate funding, be used to significantly enhance the navigation capabilities of Sonoma County's public and private safety-net agencies. To do so, the ESA recommends the following:

A concerted effort should be made to expand the number of public and private partners in the ADRH network, including requiring all County safety-net departments to join. As of this writing, a number of key departments have not signed on as partners. For example, the County's Employment & Training Division (charged with providing housing assistance and case management through its Housing and Disability Advocacy Program), its Housing Authority (responsible for providing affordable housing assistance to low-income families and individuals) and its Department of Health Services are not members. Adding these and other safety-net departments will not only break down administrative barriers to delivering services, but will increase cross department collaboration through use of the electronic referral and tracking system. Impetus for joining the network should come by way of directive from the Board of Supervisors and through collaborative efforts lead by the Director of Human Services and the Adult and Aging Division Director, under whom the ADRH operates.

Regarding COBs: ***The ADRH should open its membership up to "one-way referral partners" such as libraries and senior centers.*** While these organizations generally do not have clients referred to them for safety-net services, they play a significant role in the lives of Sonoma County's older adults and persons with disabilities and are frequently called upon to make referrals. As members of the network, they would become far better versed in the programs available for referral and would have access to the electronic referral system. To facilitate these partnerships, the ADRH could establish less rigorous requirements for one-way partners such as limiting attendance to quarterly meetings at which ADRH staff would present, among other things, updates on available services, information regarding "no wrong door" procedures, and training with respect to the electronic referral system. Over time, such meetings could include presentations by adult learning faculty and representatives from Santa Rosa Junior College, Sonoma State University, and the Sonoma County Office of Education, thus further expanding the network.

ADRH Should Take a Lead Role in Increasing Awareness of Safety Net Resources: Across its sister committees and throughout its interviews, the ESA Team heard one consistent refrain: Vulnerable community members are too often unaware of available safety-net services and how to access them. Given the significant role ADRH can play in helping navigate these services, the ESA Team recommends:

ADRH should establish a unit specifically charged with increasing its visibility and raising awareness of its navigation services. The Unit should develop and implement a *comprehensive communication plan* that includes an accountability structure that ensures ongoing, *in-person outreach* to affinity groups of historically underserved communities. The unit should also be responsible for offering education and training opportunities to CBO staff and volunteers with respect to how the safety-net system works and ADRH's role in it. Working in tandem with already scheduled ADRH partnership meetings, the unit could hold periodic public forums to share curated information with the public as a whole.

CONCLUSION AND RECOMMENDATION SUMMARY

Given the Federal government's continuing reduction in funding for safety-net services, there has never been a greater need for more effective coordination among and access to existing resources. Accordingly, the recommendations set forth above and below attempt to identify within the current safety-net system ways in which existing resources can more efficiently and supportively be aligned with those community members who need them.

1. The ADRH should serve as Sonoma County's primary safety-net navigation resource.
2. The ADRH should expand the number of public and private partners in its network:
 - a. All County safety-net departments should be members of the network.
 - b. Membership should be opened up to "one-way referral" partners such as libraries and senior centers.
3. The ADRH should establish a unit specifically charged with increasing its visibility and raising awareness of its navigation services.
 - a. The Unit should develop a *comprehensive communication plan* that includes an accountability structure.
 - b. The communication plan should ensure ongoing, in-person outreach to affinity groups of historically underserved communities.
 - c. The unit should offer education and training opportunities to CBO staff and volunteers regarding how the safety-net system works and ADRH's role in it.
 - d. The unit should consider holding periodic public forums to share curated information with the public as a whole.

Appendix A: Resource Navigator Research Questions

The following script and questions were used to guide agency outreach conversations.

Good morning/afternoon. My name is....

I'm a member of the Master Plan for Aging Economic Security Action Team. We are reaching out to community organizations to learn how they help their clients navigate services. Can I ask you or one of your colleagues a few questions about how you help people find the supportive services they need?

If yes, proceed with the following questions.

1. Agency name and person you're speaking to
2. Do you serve older adults and people with disabilities?
 - a. (If yes, ask them to focus their answers on these populations.)
3. When someone reaches out to your agency how do you connect them to the services they need?
4. Are resource connections handled by a specific individual/staff position or a team?
5. Do you use/work with volunteers to connect people to resources?
6. If someone needs a resource that your agency doesn't provide, do you help them find that resource somewhere else in the community? If yes, how?
7. Does your agency provide support to help people to complete forms and applications such as those for CalFresh, MediCal or other public benefits?
8. If you do provide form/application completion support, is your agency able to submit the application to the County?
9. Do you follow up with people that contact you for resources and referrals?
10. Is the process you've told me about consistent across your agency?
11. Additional notes - add any other questions you ask or info you collect in the space below.

Appendix B: Sonoma County Service Agencies Surveyed

1. Aging and Disability Resource Hub
2. Alzheimer's Association
3. Catholic Charities
4. Corazón Healdsburg
5. COTS (Committee on the Shelterless)
6. Council on Aging
7. Disability Services and Legal Center
8. Finley Community Center
9. In Home Supportive Services
10. Interfaith Shelter Network
11. Jewish Community Free Clinic
12. Linkages (Adult and Aging Division of the Human Services Department)
13. Nuestra Comunidad
14. PEP Housing
15. Petaluma People Services Center
16. Petaluma Senior Center
17. Santa Rosa Housing Authority
18. Sebastopol Senior Center
19. Vintage House
20. Veterans Services Officer
21. West County Community Services
22. Windsor Senior Recreation Center

DRAFT

Acknowledgements

This report is the result of the work conducted by the Master Plan for Aging Economic Security Action Team. Action Team members include:

- Rick Baum, *Aging and Disability Commission*
- Regina Brennan, *Sonoma County Black Forum*
- Angela Conte, *Transit Paratransit Coordinating Committee and Community at Large*
- Raquel Curiel Morales, *Redwood Empire Foodbank*
- Katie Greaves, *Sonoma County Human Services Department, Economic Assistance Division*
- Emily Heinzelman, *West County Community Services*
- Mary Lockhart, *Burbank Housing*
- Bonnie Petty, *CARA*
- Emily Topai, *Sebastopol Senior Center*
- Segretta Woodward, *Sonoma County Black Forum*

Special thanks to Rick Baum for authoring this report and to Rick Baum and Bonnie Petty for leading presentation and outreach efforts.



Sonoma County MASTER PLAN FOR AGING

Economic Security Action Team

NAVIGATION RESEARCH GOALS

Improve resource navigation through Coordination - Collaboration - Outreach

- Phase 1: Gather data
 - What service and navigation resources are out there?
 - How do navigators operate in our community?
 - Where are there gaps in navigation services and supports?

NAVIGATION RESEARCH PROCESS

- Phone calls and 1:1 meetings with 22 agencies who serve older adults and/or people with disabilities
- 10 standardized questions
 - Documented in Google Form or Word doc
- Interviews completed over two-month period by Action Team members

NAVIGATION RESEARCH FINDINGS

Of the 22 agencies:

- **9** have a dedicated navigator position
- **16** use “all hands on deck” model
- **13** will help clients complete MediCal, CalFresh, etc. applications
 - **11** can submit forms to the County
- **4** use volunteers to support navigation
- **9** provide follow-up to clients
- All indicated their practices were consistent across clients

NAVIGATION RESEARCH FINDINGS

- Creating more **consistency in the questions asked on forms** and the methods of form submission.
- Providing greater **training opportunities for staff and volunteers** to learn what resources exist and how the safety-net system actually operates.
- Directing **outreach efforts to affinity groups for underserved community members** to increase program awareness and destigmatize the utilization of services.
- Creating and supporting a **county wide information, referral and data base system** that can be shared by most, if not all, service providers.
- Building an infrastructure that enables **greater coordination among County service agencies, between County agencies and CBOs, and among CBOs.**

DISCUSSION QUESTIONS

- *How can the MPA support **intentional cross-agency navigation work?***
 - *What would this look like for County departments? Divisions? Non-profits?*
- *What components are missing from a **coordinated countywide navigation system?***

RECOMMENDATIONS

- *The **ADRH** should serve as Sonoma County’s **primary safety-net navigation** resource*
- ***Expand the number of public and private partners in the ADRH network:***
 - *Prioritize membership for **County safety-net departments***
 - *Expand “**one-way referral**” partners such as libraries and senior centers.*
- ***Increase ADRH’s visibility and raise awareness of its navigation services.***
 - *Comprehensive communication plan that includes focused in-person outreach to affinity groups*



Sonoma County Aging & Disability Commission No Wrong Door Standing Committee

Commission Liaison for ADRH Outreach events

- Coordinate with ADRH staff regarding staffing needs for events.
- Communicate upcoming outreach event opportunities to Commissioners.
- Coordinate Commissioner sign-ups and fill open event slots.
- Confirm Commissioner schedules/commitments with ADRH staff, and provide contact information.
- Track Commissioner participation and event coverage.

More on this:

- It is anticipated that coordination can be done primarily by email, phone or at Commission meetings.

ADRH Staff will support with:

- Event registration and scheduling
- Providing information on events that need support
- Sending event reminders, schedules, and logistical information.



Aging and Disability Commission

- Main page – includes minutes and agenda packets, member resources, and recruitment information: <https://sonomacounty.gov/health-and-human-services/human-services/older-adults-people-with-disabilities/boards-government-vendors/sonoma-county-aging-and-disability-commission>
- Bylaws - ([link](#))
- Policy & Procedures – ([link](#))
 - New Member Onboarding – ([link](#))
- Brown Act Guidelines – Updated County guidelines on the State of California rules regarding participation in public meetings ([link](#))

Older Americans Act – Great Society legislation, passed in 1965, that forms the basis of state and local support for seniors.

- https://en.wikipedia.org/wiki/Older_Americans_Act_of_1965
- <https://www.congress.gov/crs-product/R43414>

Sonoma County Area on Aging – Area Plan - Four-year plan covering 7/1/2024 to 6/30/2028. Updated annually. Goal Six concerns the Aging & Disability Commission.

- Original – ([Link](#))
- Year 1 update - ([Link](#))
- Year 2 update draft - ([Link](#))

Aging & Disability Resource Hub/565-Info

“The Sonoma County Aging & Disability Resource Hub (ADRH) is a collaborative network of local organizations focused on a No Wrong Door service delivery, ensuring that individuals of all ages, abilities, and income levels can easily access the services and supports they need.

The core partnership of the ADRH includes the Sonoma County Area Agency on Aging (AAA) and the Disability Services & Legal Center (DSLCL). In addition to the core partners, several other local non-profits and community-based organizations provide services as Extended Partners of the Hub.”

- As noted, the ADRH or Aging and Disability Resource Hub is a collaborative network of local organizations. Its primary public face and access point is at 565-INFO (707-565-4636), staffed by trained social workers who will provide individualized advice and support, either through their own staff or as part of the broader referral network. Called ADRC (Aging and Disability Resource Connection) in other areas.
 - Sonoma County ADRH here: <https://www.socoadrh.org/>
 - Information about the ADRC structure in California can be found here: https://aging.ca.gov/Providers_and_Partners/Aging_and_Disability_Resource_Connection/
 - Listings and map for ADRCs in California: https://aging.ca.gov/Providers_and_Partners/Aging_and_Disability_Resource_Connection/Map_of_Local_ADRCs/
- Aging and Disability Resource Directory - <https://agingdisabilitysonomacounty.org/>
Listings in 16 categories, available (English and Spanish) in a searchable online database, downloadable pdf, or paper versions:
 - Care Management & Supplies/Equipment
 - Counseling, Crisis Prevention and Support Groups
 - Education, Training, and Employment
 - Financial, Legal, and Advocacy
 - Food and Meals
 - Health Services and Home Care
 - Housing Services and Placement Services
 - Emergency Information and Disaster Services
 - LGBTQIA+ Support Services
 - Transportation
 - Veterans
 - Social Activities and Support
 - Caregiver Resources
 - Assistive Technology and Technology Support
 - Advance Care Planning and Donations
 - Elected Officials

Three Hats Document – Overview of the three main roles of the Aging & Disability Commission, from February 2025 ADC Executive Committee Packet. See attached.

State Master Plan for Aging (MPA) - 10-year plan with five main goal areas: Housing for All Ages & Stages, Health Reimagined, Inclusion & Equity/Not Isolation, Caregiving That Works, and Affording Aging. Updated annually. <https://mpa.aging.ca.gov/>

Sonoma County Master Plan for Aging (MPA) – 10-year plan with 23 implementation strategies, covering six main goal areas: Housing, Transportation, Health, Wellness/Equity/Inclusion, Caregiving, and Economic Security. Each goal area has an Action Team building out the framework. Aligns with State MPA but with a local focus. Not under the direct jurisdiction of the Aging & Disability Commission, but many Commission members are involved in the Action Teams. <https://sonomacounty.gov/health-and-human-services/human-services/older-adults-people-with-disabilities/local-master-plan-for-aging>

Sonoma County Government

- Board of Supervisors page - <https://sonomacounty.gov/administrative-support-and-fiscal-services/board-of-supervisors>
- Health and Human Services page - <https://sonomacounty.gov/health-and-human-services>
- Adult and Aging Division page - <https://sonomacounty.gov/health-and-human-services/human-services/older-adults-people-with-disabilities>
 - Note the Providers & Contracts and Services sections under Programs Funded by Area Agency on Aging.
 - Sign-up page for the monthly e-blast newsletter: ([Link](#))
- Board meeting agendas and minutes <https://sonoma-county.legistar.com/Calendar.aspx>
- Listing of Sonoma County advisory boards, commissions, committees, and task forces. Much of the work of government is done through volunteer organizations such as ours. This is a full list, including descriptions, (more or less) current membership and application forms. <https://sonomacounty.gov/boardsandcommissions>
- In-Home Support Services (IHSS) Public Authority Advisory Committee <https://sonomacounty.gov/health-and-human-services/human-services/older-adults-people-with-disabilities/boards-government-vendors/in-home-support-services-public-authority-advisory-committee>
- Local Aging and Disability Action Plan (LADAP) – initiative focusing on Santa Rosa and Sonoma Valley - <https://sonomacounty.gov/health-and-human-services/human-services/older-adults-people-with-disabilities/boards-government-vendors/local-aging-and-disability-action-plan>

City Senior Advisory Committees – Four of the nine incorporated cities in Sonoma County have volunteer Senior Advisory Committees. Some of the functions performed

by these committees are covered in the remaining five cities by other bodies (e.g. Park & Rec).

- Healdsburg Senior Citizens Advisory Commission: <https://www.healdsburg.gov/345/Senior-Citizens-Advisory-Commission>
- Petaluma Senior Advisory Committee: <https://cityofpetaluma.org/ccbs>
- Rohnert Park Senior Citizens Advisory Commission: https://www.rpcity.org/city_hall/commissions_committees_boards/senior_citizens_advisory_commission
- Windsor Senior Citizen Advisory Commission <https://www.townofwindsor.ca.gov/351/Senior-Citizen-Advisory-Commission>

Senior Centers in Sonoma County – community meeting places operating under a variety of authorities.

- Cloverdale - <https://www.cloverdaleseniorcenter.org/>
- Healdsburg - <https://healdsburg.gov/269/Senior-Services>
- Petaluma - <https://cityofpetaluma.org/petaluma-senior-center/>
- Rohnert Park - <https://www.rpcity.org/193/Senior-Center>
- Russian River - <https://westcountyservices.org/russian-river-senior-center/>
- Sebastopol - <https://www.sebastopolseniorcenter.org/>
- Vintage House (Sonoma) - <https://vintagehouse.org/>
- Windsor - <https://www.townofwindsor.ca.gov/319/Windsor-Senior-Recreation-Center>
- Santa Rosa - <https://www.srcity.org/559/Active-Adults>
- Salvation Army (Santa Rosa) - https://santarosa.salvationarmy.org/santa_rosa/love-the-elderly/

The Area Agency on Aging Advisory Council (TACC) – mandated body that advises the 33 local Area Agencies on Aging. Meets quarterly. <https://tacc.ccoa.ca.gov/>

California Senior Legislature – Nonpartisan volunteer organization that proposes and advocates for legislation affecting seniors. <https://4csl.org/>

Sonoma County Five-Year Strategic Plan – covers five priority areas for the County as a whole: Climate Action and Resiliency, Healthy and Safe Communities, Organizational Excellence, Racial Equity and Social Justice, and Resilient Infrastructure.

- 2021-2026 <https://socostrategicplan.org/>
- Community Development Commission – Plans, Policies and Reports. Various documents related to the County’s planning goals. Includes a draft 2025-2029

Consolidated Plan. <https://sonomacounty.gov/development-services/community-development-commission/plans-policies-and-reports>

Miscellaneous National/State Advocacy Organizations

- American Association of Retired Persons (AARP). The Big One.
 - Background: <https://en.wikipedia.org/wiki/AARP>
 - Advocacy: <https://www.aarp.org/advocacy/>
- Alliance for Retired Americans (ARA). More overtly political, has its roots in AFL-CIO and healthcare.
 - Background: https://en.wikipedia.org/wiki/Alliance_for_Retired_Americans
 - California branch (CARA): <https://californiaalliance.org/>
- Alzheimer's Association - <https://www.alz.org/>
- National Council on Aging – <https://www.ncoa.org/>
- Stanford University list of National Disability Organizations - <https://oae.stanford.edu/resources/national-disability-organizations-and-resources>

Acronyms Lists (*still being researched*)

- Acronyms listing from February 2025 ADC Executive Committee Packet – see attached.
- Housing and Services Resource Center (federal) - <https://acl.gov/HousingAndServices/acronyms>
- HHS Common Acronyms (federal) - <https://aspe.hhs.gov/common-acronyms>
- Legacylink.org (State of Georgia) – includes some Georgia-specific terminology, but has very good short descriptions - <https://legacylink.org/wp-content/uploads/2024/01/DAS-Glossary-of-Terms-Abbreviations-Acronyms.pdf>

Significant Local Non-Profit Organizations in the Aging, Disability, and Caregiver space

(* indicates ADRH Partners). There are obviously many, many more (check out the ADRH Directory), but this list represents a set that are major players in the broader community. Commissioners should have at least some familiarity with each of these organizations.

- Disability Services and Legal Center (DSLCL)* <https://mydslc.org/>
- Petaluma People Services Center* <https://petalumapeople.org/>
- Legal Aid of Sonoma County* <https://legallaidsc.org/>
- Senior Advocacy Services* <https://www.senioradvocacyservices.org/>
- Council on Aging* <https://www.councilonaging.com/>
- West County Community Services* <https://westcountyservices.org/>
- Redwood Caregiver Resource Center* <https://www.redwoodcrc.org/>

- Redwood Empire Food Bank - multi-county resource addressing food insecurity - <https://refb.org/>
- Generation Housing - Advocacy organization with an impressive collection of reports and data <https://generationhousing.org/> . Note their “Our Work” tab.

Other Resources

- 211.org – similar functions to ADRH, led by United Way. <https://www.211.org/>
- 511.org – 511.org is a consolidated Bay Area source for public transit information. This page accessible transportation options <https://511.org/transit/accessibility> <https://511.org/about/accessibility> and this describes paratransit <https://511.org/transit/ada-paratransit> . Note that many agencies offer discounts or even free transit for seniors and people with disabilities.
- Sonoma County Open Doors - similar to the ADRH resource directory but aimed at a general audience. <https://opendoorssc.com/>
- Sonoma County Registrar of Voting Accessibility page <https://sonomacounty.gov/administrative-support-and-fiscal-services/registrar-of-voters/accessible-voting>
- Emergency Preparedness –
 - Sonoma County Alerts - <https://socoemergency.org/get-ready/sign-up/>
 - Preparedness for Older Americans (federal) - <https://www.ready.gov/older-adults>
 - Emergency Preparedness Guide for Individuals with Disabilities (state) - <https://s43263.pcdn.co/wp-content/uploads/2022/01/Cal-OES-and-DOR-AFN-Disaster-Preparedness-Guide.pdf>
- Federal Government Disability Services page: <https://www.usa.gov/disability-services>

Reference Materials

- Portrait of Sonoma County – overall survey of well-being, with comparative details at the neighborhood level. <https://measureofamerica.org/california2021-22/sonoma/> Commentary here: <https://sonomacounty.gov/portrait-of-sonoma-county-2021-reveals-mixed-picture>
- Sonoma County Economic Development Collaborative – City Snapshots - single page graphics for each city and the county. <https://sonomaedc.org/data-center/city-snapshots>
- United States Census Bureau – Community Profiles – the Census Bureau is still the most definitive source for demographic data, with a variety of tools to drill down to

specific details. The Community Profiles are good for general information; true statistics nerds can download and play with huge free data sets.

<https://data.census.gov/profile?q=sonoma+county>

- Cal Matters – a good source for news on state politics and government, including the arcane goings-on in the Legislature <https://calmatters.org/>
- LegiScan California – comprehensive dashboard for legislation. Great for looking up the text, sponsorship, and status of specific bills by number.

<https://legiscan.com/CA>



Proposed ad hoc committee Officer Nominations

5/20/26

Ad hoc committee procedures:

- The Commission may establish an ad hoc committee **to complete a specific task within a limited time frame.**
- The number of members must be less than a quorum of the Commission.
- Meetings are exempt from Brown Act requirements, so can be on Zoom or by email.
- Meetings do not require staff support, but staff may be asked for help if needed.

The Executive Committee has proposed establishment of a new ad hoc committee:

Officer Nominations

Background: Commission officers are the Chairperson, Vice Chairperson, and Secretary. Terms of office are two years, July 1 to June 30. Current terms end June 30, 2026.

Officers are limited to two consecutive terms in any one office. Current officers (Jenny, Robin, and Deanna) are all eligible to be re-elected for a second term.

At the May Commission meeting in election years, Commission members form a three-person Officer Nominations ad hoc committee to prepare a slate of nominees for the three officer positions.

The Parliamentarian will guide the committee on procedures.

Specific Task: **Recommend a slate of nominees for the three officer positions.**

Committee will:

- Reach out to Commission members about their interest in serving as officers and discuss who is qualified and willing to serve in each position.
- Consider how the composition of the Executive Committee will be affected by this election.
- Decide on a slate of nominees to recommend.

Time Frame: **Submit recommendations to Jenny and Cody by June 4, 2026.**

Commission tasks for today:

1. Take a vote on establishing the committee.
2. Identify three members to serve on the committee. Committee members must:
 - Be available for one or two Zoom meetings between May 21 and June 4.
 - NOT be interested in running for office. Members of this committee cannot be nominated for election.
 - NOT have served on the 2024 Officer Nominations committee: Rick, Erick, Diane.
3. Designate a Lead to schedule meetings and coordinate the committee's work.



Officer Nominations 2026

May 20, 2026

To All Commission Members

You are welcome to nominate yourself or someone else for an officer position.

- A nominee must be both qualified and willing.
- Current officers are eligible for reelection and willing to be reelected.
 - Chairperson – Jenny Helman
 - Vice Chairperson – Robin Thompson
 - Secretary – Deanna Shaat
- Additional nominations may be submitted to the ad hoc committee or at the June Commission meeting.
- See pages 12-13 of [policies and procedures](#) for officer duties.

To Ad Hoc Committee Members

- Within the next two weeks, your task is to recommend a slate of nominees for the three officer positions.
- You are welcome to begin your work immediately, getting in touch with each other and reaching out to Commission members about their interest in serving as officers.
- In the context of this ad hoc committee, you may communicate with each other freely (e.g. email, phone, Zoom, etc).
- As parliamentarian, Trayce is available to help (e.g. procedures, Zoom links, facilitation), but is not a member of the committee. Contact her if needed.
- You may invite nominees to submit a candidate statement to be shared at the June election. (optional)
- Please consider how your recommendations may affect the composition of the Executive Committee (e.g. balance the retention of experienced members with the infusion of new members). Current Executive Committee composition:
 - Jenny Helman, Chairperson – Elected
 - Robin Thompson, Vice Chairperson – Elected
 - Deanna Shaat, Secretary – Elected
 - *Diane Spain, Chairperson Emeritus – By definition, most recent former Chair*
 - *Trayce Beards, Parliamentarian – Appointed by Chair*
- Submit your recommended slate to Jenny and Cody by Thursday, June 4, 2026.

TACC(Triple AAA Commission of California) Report May 14, 2026

Jenny Helman

The Governor's revised budget was released today but there had not been any review of it at the time of the meeting. Paul may have more information at our meeting next week.

There is a webinar hearing on June 11th on housing and homelessness on older Californians. I will get the link to this if anyone is interested.

The C4A Annual conference is November 17th to November 19th in Orange Grove. The TACC general meeting will be on the first day of this conference. If anyone wants to go transportation and hotels are covered by TACC and our AAA. I believe there are funds for two people, it is highly recommended that you attend it is always a very informative conference and you get to meet other AAA council members and get an understanding of issues around the state.

Our very own Paul Dunaway and Christine Mills, executive director of the C4A gave a joint presentation on HR 1's (Big Beautiful Bill) effect on AAAs. AAA's are the back phone of community-based support, funding cutbacks and what that means and how one can advocate. The conclusion was:

1. more people need more services
2. Resources don't keep pace
3. Complexity of needs are increasing
4. The recent withdrawal of \$1.3 billion of Medicaid funds to California will create many more challenges
5. We are at the midpoint of the 10 year MPA

There was a discussion about what TACC can do:

- a. Advocacy - push for federal funding and state budget advocacy
- b. coordinate and strengthen the no wrong door approach
- c. Communicate- tell the human story

There was a discussion afterwards about advocacy training, Which the C4A is working on. If you go to the TACC website there are advocacy guides on how to talk

to legislators. . It was a very interesting presentation, and I have asked Paul to present it to us, hopefully in August

There was a presentation on Advancing Rural Aging policy in California. This presentation provided the final Aging in Rural California policy brief series and explored how current federal and state developments including Medicaid reductions under HR1 and the rural health transformation program shape opportunities for action. There was a community engaged research project across 7 rural counties, and the presentation highlighted practical policy solutions to strengthen healthcare, long term services and supports, and housing for older adults and identified roles for AAA's on advancing rural aging equity. If anyone is interested, I can share the PowerPoint.

There was an opportunity for other AAA advisory councils to share issues and events going on in their region. In El Dorado County their Board of Supervisors is discussing moving a successful county lead legal services department to a third party contractor. The Board of Supervisors is also going to be eliminating the final senior day care program in that county. I'm assuming this is because of budget constraints.

In Marin County they hosted a very successful "Scam Jam" event that provided a lot of information on scams on older adults, that included discussion on AI scans where voices of loved ones can be replicated making it more difficult to determine a scam.

If you want further information on any part of the meeting, please let me know.

Next meeting is on 9/17.