

MENTAL HEALTH BOARD
Executive Committee Meeting
AGENDA
VIRTUALLY ZOOM WEBINAR

Wednesday, June 2, 2021

10:30 to Noon

In accordance with Executive Orders N-25-20 and N-29-20 the Mental Health Board Executive Committee meeting will be held virtually.

MEMBERS OF THE PUBLIC MAY NOT ATTEND THIS MEETING IN PERSON

The Mental Health Board Executive Committee Meeting will be facilitated virtually through Zoom.

Members of the public can watch or listen to the meeting using one of the two following methods:

1. Join the Zoom meeting application on your computer, tablet or smartphone:

Go to: <https://zoom.us/>Please click this URL to join the webinar:

<https://sonomacounty.zoom.us/j/98738867997?pwd=dIY0eEVmcWx4c3N1OXVhb0tURUZCQT09>

2. Call-in and listen to the meeting:

Dial **+1 (669) 900 9128**

Enter Webinar ID:

Enter password: **541706**

Email Public Comment Prior to the Meeting:

You may email public comment to DHS-MHB@sonoma-county.org no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

REASONABLE ACCOMMODATION:

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-4854 or by email DHS-MHB@sonoma-county.org by 12:00 noon, Friday, April 2nd, to ensure arrangements for accommodation.

The rules for public observation and comment supersede and replace the standard provisions for the duration of the public health emergency.

Mental Health Board Executive Committee Agenda

1. MHB Treasurer's Report – Balance –\$2,275
 2. Recruitment and retention of MHB members – three vacancies one in District 2 (Rabbitt), one in District 4 (Gore) and one in District 5 (Hopkins).
 3. Approval of Minutes for May 18th meeting and the MHB Retreat at 06/15/21 general meeting. Draft minutes sent out to Board members.
 4. Discuss Board Planning: Special Topic Presentation:
 5. BH Director's Report/DHS-BH Budget Update/Systems Transformation:
 6. Discussion on inviting BOS representative to MHB meetings twice a year
 7. Other Reports Including CALBHB/C and Ad hoc committees; Legislative Agenda Items: PAM and Mental Health Services/Needs at Sonoma County Main Adult Detention Facility PAM matrix and site visits. **Ideas for facilities to visit and volunteers**
 8. Discuss MHB acknowledging SCBH staff:
 9. Confirm scheduling of the special presentations:
 10. Discuss County of Sonoma Behavioral Health Unit update MADF. Email sent out 5/20/21.
 11. Conference Attendance Approvals
 12. MHB Chair's Report –
 - Vacancies
 - Voting for Chair and Vice-Chair positions
 13. Future topics to add to agenda-
 14. Public Comment
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Next MHB Meeting Agenda 06/15/2021 –

- Roll Call
- Approval of Minutes for May 18th meeting and the MHB Retreat at 06/15/21 general meeting.
- Consumer Affairs Report - Consumer news, issues, concerns – Kate Roberge/Guests
- PEERS Coalition Intern Report on Activities at SRJC
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Mental Health Board Appreciation:
- Special Presentation:
- Public Comment/Wrap-Up
- Adjournment

AGENDA ITEM	DISCUSSION	RESOLUTION/ACTION
Treasurer's Report	Balance \$2,275.00 FY 20-21	Kathy will submit receipts for supplies she has purchased for reimbursement.
Recruitment and Retention of MHB Members	Three vacancies one in District 2 (Rabbitt), one in District 4 (Gore) and one in District 5 (Hopkins).	<ul style="list-style-type: none"> Researching if Annabel Nygard has been appointed as a board member Recruitment flyer was approved and will be sent out to board members and community partners in districts with openings.
Special Topic on 06/15/21	Virtual Zoom Meeting Tuesday 06/15/21	<ul style="list-style-type: none"> West County will present for the June 15th MHB meeting July 13th Melissa Ladrech will present Annual MHSA Hearing Possible September special topic: Carol West suggested the Board discuss re-entry after incarceration.
Mental Health Board Monthly Meetings		Discussion: Board voted on resuming the traditional meeting schedule – no meeting during August and December 2021.
Director's Report/DHS-BH Budget Update/Updates of MH Systems Transformations Link to County of Sonoma, DHS-BH link: http://sonomacounty.ca.gov/Health/Behavioral-Health/	Bill Carter, SCBH Director	<ul style="list-style-type: none"> Grant applications we sponsored are moving towards implementation which include partnering with the Elizabeth Morgan Foundation on Early Psychosis Intervention. The Mental Health Student Services grant is moving forward and we are partnering with the Sonoma County Office of Education. Both grants are from MHSOAC. This is the height of our contract season, we are working hard to get as many completed and updated for the new fiscal year. We are responding to the Board's requests for information as they are developing the budget. There are two budget hearings related to Department of Health Services on June 15th and June 22nd PHF- the opening date is still getting pushed back, the projected opening is the end of September and they will be able to admit clients the beginning of October. The PHF will have 16 beds which we will share with Marin County. Two beds will be on contract for Marin County and 14 for Sonoma County clients. The goal is for the PHF to alleviate

		<p>anyone boarding in a hospital or CSU. Clients will be routed through CSU prior to going to the PHF. We will be partnering with Crestwood. The CSU is not currently staffed to run the 16 beds available due to staffing. We have the funds however staffing has been an issue. We hope recruitment efforts improve as COVID lifts.</p>
Acknowledgement of SCBH Staff		<ul style="list-style-type: none"> • West County Community Services and individual certificates for each center in West County • Acknowledgment for Humanidad and Buckelew were suggested for July.
<p>Please go to this NAMI link for Navigating a Mental Health Crisis: https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis; call the NAMI Helpline at 800-950-NAMI Or in a crisis, text "NAMI" to 741741</p>		<ul style="list-style-type: none"> • No report
<p>Program Assessment Matrix (PAM) Work Group --MHB Site Visits</p>	Site Visits	<ul style="list-style-type: none"> • In 2020, prior to the pandemic, site visits were conducted at Parker Hill and CSU. In 2021 site visits were conducted at Progress Sonoma and Buckelew. The Progress Sonoma site visit was quite imaginative. The visit was conducted via Zoom; a staff person used her phone to “tour” the property. The visit was quite impressive, showing rooms, kitchens, and the outside areas to name a few. • The Buckelew site visit was different however just as informative. The visit included a PowerPoint presentation by the CEO of Manor House, McBride and Petaluma Apartments. The PowerPoint included pictures of the inside, outside of the apartments, smoking areas, breakrooms and outside facilities. Very impressive. • Introduction emails have been sent out to Thai Gallo of Community Support Network (CSN) to request site visits. Thai is the manager of Hope House and Brown Street. Hope House is a 12 bed men’s board and care home.

		<p>Brown Street is a 15 bed board and care home for women.</p> <ul style="list-style-type: none"> • We reached out to Bill Carter and Sid McColley for contact names to visit Behavioral Health programs. We are looking at visiting the Access Team, Whole Person Care, Older Adult Collaborative Care and the Mobile Support Team. • Future sites to visit are West County Peer Support Services. For instance: Petaluma Peer Recovery Center, The Wellness and Advocacy, Interlink Self Help Center, Russian River Center and West County Community Services Program. The June Board meeting will be focused on the West County services. Discussion will take place for which site to visit. • Working on reaching consumers to complete a survey and schedule an interview with them to get the consumers point of view of the services. • Jail visits have been difficult to schedule.
MHB Chair Report		<ul style="list-style-type: none"> • The Board met and created a new statement to be read at the beginning of each Board meeting. The Board agreed to the statement. <p><u>Mental Health Board – Who We Are</u></p> <p>The Sonoma County Mental Health Board is an advisory board empowered to listen to the concerns of our constituents and to help formulate policies that offer a consistent continuum of care for all those with mental health challenges. We are further empowered to advise the County Board of Supervisors on the Mental Health System of Care.</p> <p>We support:</p> <ul style="list-style-type: none"> ❖ Reducing stigma for individuals needing all levels of mental health care in all communities in the county ❖ Treating each person with compassion and respect, regardless of gender, sexual identity, and cultural or ethnic background, and acknowledging

		<p>the influence of individual lived experiences</p> <ul style="list-style-type: none"> ❖ Working with the local mental health system to eliminate racism from our minds and hearts and ensuring that our policies are equitable and benefit underrepresented communities ❖ Acknowledging that environmental factors can increase mental distress and supporting efforts to reduce such stressors ❖ Providing support to the families of those with mental health challenges <p>The Sonoma County Mental Health Board collaborates with the Behavioral Health Division of the Sonoma County Department of Health Services to increase public and professional awareness of individuals with mental health challenges. We strive to influence positively the mental health system by listening to public input and working with Behavioral Health Services to create policies that will offer hope to individuals living with mental illness and to their families.</p> <p>Humanidad and Buckelew offer support to families with Mental Health questions and education. MST and SOS are also other support systems. NAMI, Buckelew and Humanidad can serve any family, they are not restricted to SCBH clients. Contact Monreal Community Access Navigator Humanidad Therapy and Education Services 1260 N. Dutton Ave., Suite 230, Santa Rosa, CA (707) 525-1515 Betzy and Kathy are interested in looking at housing and the housing continuum. There are very few beds in Sonoma County for conservatees. Michael Gause and his team at the CDC is a contact for county housing. There are currently three projects that have been the green light to open housing within the next 3-5 years.</p>
SRJC PEERS Coalition Report		<ul style="list-style-type: none"> • No report
CALBHB/C Reports to be Added as Agenda Item with Other Reports	<p>A. CALBHB/C</p> <p>B. Conference Reports</p>	<ul style="list-style-type: none"> • No report

Link to website: http://www.calbhbc.com/	C. Surveys	
MHB Executive Committee and General Meetings Schedule and Proposed Topics	June Topics	•

Next MH Board Meeting Agenda	Next MHB Meeting Agenda 06/15/2021 – <ul style="list-style-type: none"> • Roll Call • Approval of Minutes for May 18th meeting and the MHB Retreat at 06/15/21 general meeting. • Consumer Affairs Report - Consumer news, issues, concerns – Kate Roberge/Guests • PEERS Coalition Intern Report on Activities at SRJC • Voting on the Chair and Vice-Chair nominations • Behavioral Health Director’s Report/BH Fiscal Update/Mental Health System Transformation no report Bill will not be present • Mental Health Board Appreciation: • Special Presentation: • Public Comment/Wrap-Up • Adjournment